

Command Inspector General Quarterly Newsletter

For the Soldiers, Airmen, and Civilians of the Virginia National Guard 3rd Quarter – June 2023



MISSION: Serve as an extension of the eyes, ears, voice, and conscience of the commander, and to determine for the commander the state of economy, efficiency, discipline, morale, esprit de corps, and readiness throughout the Virginia National Guard.

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Army Body Fat Assessment for the Army Body Composition Program

Reference:
Army Directive 23-11

Effective 9 Jun 23, the only U.S. Army-authorized methods of estimating body fat are the multi-site circumference-based tape method, as prescribed in appendix B of AR 600-9; the one-site circumference-based tape method; and the supplemental body fat assessment. During the 12-month period extending from the date AD 23-11 was published, Soldiers who require a circumference-based tape test will take the one-site tape test. For the next 12 months, Soldiers who fail the one-site tape method are authorized to be measured by the multi-site circumference-based tape method, as prescribed in AR 600-9, for their confirmation tape test.

Source:

https://armypubs.army.mil/ProductMaps/PubForm/Details.aspx?PUB_ID=1027169

DOD Expands the COMPACT Act

Reference:
COMPACT Act Section 201

Comprehensive Prevention, Access to Care, and Treatment (COMPACT) Act, Veterans with acute suicidal crisis can go immediately to any VA or non-VA health care facility for emergency health care at no cost to them.

Veterans do not have to be enrolled in VA health care to receive such emergency care. They must, however meet one of the following criteria to be eligible for emergency care:

- Veterans discharged from active duty under conditions other than dishonorable after a period of at least 24 months of active service.
- Veterans who served more than 100 days under a combat exclusion or in support of a contingency operation, either directly or by operating and unmanned aerial vehicle from another location, who were discharged under conditions other than dishonorable.
- Veterans who were the victim of a physical assault of a sexual nature, a battery of a sexual nature, or sexual harassment while serving in the armed forces.

Under the COMPACT Act, VA will provide, pay for, or reimburse for treatment of eligible Veterans' emergency suicide care, transportation costs, and follow-up care at any VA or community health care center for up to 30 days of inpatient care and 90 days of outpatient care.

Additionally, VA will make referrals for care following the period of emergency suicide care and will determine if a Veteran might be eligible for other VA services and benefits. Those eligible will be referred to appropriate VA programs following their period of emergency care.

If a qualifying Veteran receives a bill for emergency suicide care after treatment, VA will expedite the review process to ensure those costs are handed appropriately.

Source: [COMPACT Act Expands Free Emergency Suicide Care For Veterans | VA Poplar Bluff Health Care | Veterans Affairs](#)

Temporary Change to Timeline for Requesting Voluntary Retirement from Active Federal Service

Reference:
NGB PPOM 23-022

Effective 1 April 2023, eligible ARNG Soldiers may submit voluntary retirement requests pursuant to Reference 1d, at least 12 months, but no more than 24 months, before their requested retirement date. Soldiers requesting voluntary retirement must have 18 or more years of active federal service (AFS) and meet all other retirement eligibility requirements.

Soldiers with an approved voluntary retirement will not be given orders for a permanent change of station (PCS). This restriction may be waived by the Director, Army National Guard (DARNG) for T10 AGR Soldiers and The State Adjutant General for T32 AGR Soldiers. ARNG Soldiers with 18 or more years of AFS, who are notified of a PCS, may request retirement in lieu of the PCS within 30 days of the notification. ARNG Soldiers with 18 or more years of AFS, who have been previously notified of a PCS, but have not executed that PCS, may request retirement in lieu of the PCS within 30 days of this publication.

Source: <https://www.milsuite.mil/book/docs/DOC-1262719>